

The 3 medals of Moskow '80



Maurizio Damilano Italy
gold medal
20 km race walking



Hartwig Gauder DDR
gold medal
50 km race walking



Jordi Llopart Spain
Silver medal
50 km race walking

in Moskow 2013 Track and Fields World Championship



present:



International FitWalking Association

the race walkers commitment for the human health

Maurizio Damilano

Hartwig Gauder

Jordi Llopart

walkers & countries participating to the FitWalking Project:



Maurizio and Giorgio Damilano twins Brothers in Moskow 1980 after finishing the of 20 km Race Walking competition.



Foundation meeting in Saluzzo 16 June 2013: Mikel Odriozola, Maurizio Damilano, Giorgio Damilano, Iveta Zemanova, Attila Csont, Raffaello Ducceschi



First FitWalking Instructors Curs in Canet de Mar (Barcelona), by Jordi Llopart and Raffaello Ducceschi with Mikel Odriozola and Myriam Fernandez .

Hungary

Attila Csont

Japan

Fumio Imamura

Check Republic

Iveta Zemanova

Simon Zdeněk

Miloslav Lapka

Great Britain

Raphael Rinaldi (italian)

Germany

Hartwig Gauder

Spain

Jordi Llopart

Raffaello Ducceschi (italian)

Mikel Odriozola

Valentín Massana

Myriam Fernandez

Italy

Giorgio Damilano

Maurizio Damilano

Ivano Brugnetti

Walter Arena

Mauro Pirino

Giorgio Garello