

ACTA DEL CAMPEONATO
10.000m Marcha MASC.

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|----|----------|----------------------------|-------|----------|------------|
| RE | 39:51.59 | García Carrera, Diego | ADMM | Eugene | 25/07/2014 |
| RC | 41:16.56 | Molina Morote, Juan Manuel | COFRU | Aranjuez | 12/07/1998 |

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| Final 06/07/2019 9:30 | | | | |
| 1 | 96 | Eloy Hornero Gallent Playas de Castellon | 14/03/2000 CS7536 | 44:55.78 8 |
| 2 | 340 | Roberto Veirol Perez CA Santiago | 15/02/2001 GA768561 | 45:31.06 7 --> |
| 3 | 307 | Pedro Conesa Ceron Nutnban Ati Alcantarilla | 11/05/2001 MU18826 | 45:42.55 6 ---P |
| 4 | 275 | Jose Mestre Martin Grupompleo Pamplona At | 27/02/2001 M8992 | 46:18.08 5 >>>P |
| 5 | 323 | Francisco Sospedra Escat Atletisme Els Sitges | 11/04/2001 V21354 | 47:31.98 4 >~ |
| 6 | 189 | Alejandro Cadenas Pozo At. Fuenlabrada | 30/12/2000 M9610 | 48:32.08 3 |
| 7 | 376 | Miguel Tato Rivas Union Atletica Coslada | 18/11/2000 M5212 | 50:19.10 2 -- |
| 8 | 135 | Mario Bassas Garrity CE Universitat | 09/09/2001 CT24491 | 50:43.02 1 ~ |
| 9 | 122 | Carlos Jimenez Rodriguez-williams CAPEX | 20/10/2000 EX6606 | 51:58.95 |
| 10 | 163 | Ignacio Villegas De Miquel CA Elche Decatlon | 22/11/2001 M9697 | 52:02.39 > |
| 11 | 383 | Sergi Torner Cabot U Colomenca At. | 10/07/2000 CT22452 | 52:30.70 > |
| 12 | 128 | Martin Rodriguez Pazos Carbonero Castro | 31/10/2001 S10820 | 54:03.17 > |
| | 141 | Antonio Leal Membrive CA Canovelles | 07/08/2000 CT23364 | AB > |
| | 385 | Marcos Mencia Menendez Universidad Oviedo | 31/05/2001 O7446 | AB |
| | 35 | Aythamy Afonso Gonzalez Atletismo Arona | 07/03/2001 TF22062 | DS >~230.4a/.7c |
| | 312 | Daniel Jimeno Rivera Alcampo Scorpio 71 | 11/12/2000 AR2751 | DS ---Art.230.7c |
| | 188 | Guillermo Santidrian Solana Image FDR | 19/07/2001 BU3960 | DS >>>Art.230.7c |

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| RE | 44:19.05 | Pérez García, María | NERJA | Eskiltuna | 16/07/2015 |
| RC | 45:40.04 | Pérez García, María | NERJA | Valladolid | 04/07/2015 |

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| Final 07/07/2019 9:30 | | | | |
| 1 | 200 | Mireia Urrutia Herrera CA Canaletes | 04/03/2000 CT24516 | 50:16.14 8 ~ |
| 2 | 557 | Mariona Garcia Rovira FC Barcelona | 13/03/2000 CT22472 | 51:28.73 7 |
| 3 | 428 | Ana Pulgarin Cardeno At Almendralejo | 06/05/2001 EX6852 | 52:45.66 6 ---P |
| 4 | 495 | María Teresa Morata Moreno Unicaja Jaen Paraiso Interior | 05/06/2001 CO2245 | 53:03.49 5 ---P |
| 5 | 654 | Iria Rivas Iglesias Ria Ferrol-C. Arenal | 06/06/2001 GA769054 | 53:36.98 4 |
| 6 | 580 | Gemma Mora Martinez ISS - L'Hospitalet | 26/02/2000 CT24767 | 54:22.43 3 ---P |
| 7 | 442 | María Alarcon Martinez UCAM-Athleco Cieza | 01/02/2000 MU13399 | 55:33.79 2 ~ |
| 8 | 531 | Estela Carral Berbil Cayon-Hellos DICA | 07/05/2001 S10552 | 55:45.84 1 ~ |
| 9 | 683 | Yaiza Portugal Andres Univ Leon Sprint At | 17/12/2000 BU3979 | 56:17.51 |
| 10 | 716 | Ana Guaita Guaita Valencia Esports | 15/09/2001 V21365 | 56:32.88 > |
| 11 | 628 | Alicia Sanchez Gualarte Cueva de Nerja-UMA | 15/05/2000 M1301 | 57:01.63 ~ |
| 12 | 410 | Celia Carracedo Perez ADAS Proinov | 25/04/2001 GA768903 | 57:13.10 > |
| 13 | 610 | Alicia Sola Aguilera Hinaco Monzon | 24/12/2000 AR3655 | 57:17.64 |
| 14 | 652 | María Isabel Torres Ribas Atme. Sa Raval | 06/09/2001 IB16037 | 57:43.15 > |
| 15 | 540 | Noelia Cayero Sanchez Cornella At. | 01/07/2001 CT25369 | 59:06.30 ~ |
| 16 | 562 | Nerea Prieto Guimara Image FDR | 11/08/2001 BU3980 | 59:29.19 |
| 17 | 663 | Zaira Zafra Orosa CA Safor Delikia Sport | 31/06/2001 V21982 | 59:32.76 |
| 18 | 630 | Ariana Camila Da Rosa Clator Orotava | 26/02/2000 TF20985 | 00:09.18 |
| 19 | 708 | Ainhoa Martinez Luceño UA Terrassa | 09/11/2000 CT24484 | 01:04.92 |
| 20 | 718 | Bianca Mico Lambies Valencia Esports | 23/06/2000 V21462 | 04:47.51 |

ACTA DEL CAMPEONATO
5.000m Marcha MASC

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| RE | 21:01.6- | Ildefonso de la Torre Jesús | INDEP | Andújar | 17/04/1999 |
| RC | 21:53.59 | Álvaro Martín Uriol | ALMEN | El Prat de Lobregat | 17/10/2009 |

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| Final 06/07/2019 21:40 | | | | | |
| 1 | 251 | Pablo Rodríguez Rojas Olmio Arahal | 18/12/2004 SE9711 | 22:07.77 | 8 |
| 2 | 73 | Ruben Albiol Alhambra Playas de Castellón | 10/04/2004 CS8072 | 23:19.84 | 7 |
| 3 | 361 | Ruben Liste Hurtado CA Viladecans | 10/12/2004 CT28354 | 23:19.98 | 6 |
| 4 | 122 | Francisco Espin Valera Cehugin Atletismo | 07/01/2004 MU15247 | 23:36.06 | 5 |
| 5 | 168 | Daniel Valenzuela Saiz Image FDR | 20/10/2004 BU4027 | 24:20.41 | 4 |
| 6 | 102 | Carles Mestre Monja CA Canaletes | 06/02/2004 CT28423 | 24:28.24 | 3 - |
| 7 | 182 | Pablo Postigo Gabarró Atletismo Guárdix | 06/02/2005 GR4629 | 24:34.03 | 2 |
| 8 | 53 | Ismael Torres Gonzalez CA Bahía Almería | 25/04/2005 AL5930 | 24:40.62 | 1 - |
| 9 | 263 | Brais Manso Delgado Ourense Atletismo | 15/03/2005 GA2023303 | 24:44.94 | > |
| 10 | 20 | Marcos Díez De Pedro A.D. Marathon | 04/02/2004 M7009 | 24:45.51 | |
| 11 | 44 | Alexis Salmeron Moreno UCAM-Athlético Cieza | 18/04/2005 MU15087 | 25:07.47 | > |
| 12 | 341 | Lluc Serrat Alemany UA Terrassa | 09/09/2005 CT29007 | 25:11.57 | > |
| 13 | 308 | Daniel Sanagustín López Alcampo Scorpio 71 | 23/10/2004 AR3894 | 25:14.72 | - |
| 14 | 31 | Mario Lara Moruno At Almendralejo | 11/04/2004 EX7181 | 25:15.50 | |
| 15 | 181 | Juan Pérez Cambil Atletismo Guárdix | 27/07/2005 GR5590 | 25:19.69 | |
| 16 | 250 | Daniel Morilla García Olmio Arahal | 14/09/2005 SE9534 | 25:25.00 | |
| 17 | 42 | Gabriel López Mendez UCAM-Athlético Cieza | 31/05/2004 MU15623 | 25:31.46 | |
| 18 | 121 | Daniel Lorente Martín CEA Tenerife 1984 | 27/08/2004 TF23851 | 25:36.69 | - |
| 19 | 288 | Brais Suárez Tesouro RunGalicia-interSport | 01/05/2005 GA2023398 | 25:36.78 | >>>P |
| 20 | 115 | Ismael Díaz Sánchez Club Atletismo Sada | 04/10/2004 GA769108 | 25:59.58 | |
| 21 | 137 | Adrian Molina Rabasco Atletisme Crivellent | 20/11/2005 A11863 | 26:09.87 | |
| 22 | 142 | Asier Díaz De Diego Atletismo Cuenca | 30/11/2005 CU2033 | 26:09.90 | |
| 23 | 362 | Ruben Vilalonga Martínez CA Viladecans | 05/02/2004 CT28083 | 26:43.96 | - |
| 24 | 126 | Samuel González Donoso Ciudad de Lugones | 27/01/2005 CB921 | 26:51.32 | |
| 25 | 164 | Izan Ramírez Cortés CA Montomes | 22/10/2004 CT29613 | 26:53.23 | |
| 26 | 74 | Ivan Casco Vorobiev Playas de Castellón | 18/06/2004 CS8192 | 27:03.50 | |
| 27 | 249 | Antonio Jesús Montilla Medina Olmio Arahal | 06/09/2004 SE9032 | 27:05.23 | |
| 28 | 51 | David Munzon Romero Atletismo Axat | 25/10/2005 SE8113 | 27:15.37 | |
| 29 | 179 | Biel Pallares Mayoral GEIE Gironi | 01/09/2005 CT29342 | 27:19.60 | >> |

3.000m Marcha FEM

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| RE | 13:20.99 | Maria Vasco Gallardo | VILAD | Brujas | 27/05/1990 |
| RC | 14:19.71 | Sara Balsalobre Garcia | CIEZA | Lugo | 19/10/2008 |

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| Final 07/07/2019 10:15 | | | | | |
| 1 | 635 | Isabel Garcia Sanchez Olnio Arabai | 12/12/2005 SE8016 | 14:10.92 | 8 RC |
| 2 | 383 | Veronica Victoria Fernandez Fernandez AD Gijon Atletismo | 29/08/2004 O8341 | 14:11.61 | 7 - |
| 3 | 691 | Griselda Serret Menendez Runners El Vendrell | 09/07/2005 CT28623 | 14:13.41 | 6 |
| 4 | 402 | Silvia Villar Nieto Atletismo Alcorcon | 19/01/2004 M9851 | 14:21.76 | 5 |
| 5 | 621 | Sofia Campos Ares CA Millarzo | 10/10/2004 GA2023408 | 14:26.92 | 4 - |
| 6 | 501 | Marta Garcia Llorente Cehegin Atletismo | 13/04/2005 MU16490 | 14:27.82 | 3 |
| 7 | 697 | Angela Casanova Peris CA Safor Deltika Sport | 01/09/2005 V23787 | 14:36.14 | 2 |
| 8 | 391 | Nerea Parreño Díez A.D. Marathon | 26/08/2004 M7095 | 14:47.57 | 1 |
| 9 | 566 | Enka Duro Romeral CA Gavá | 28/01/2005 CT29280 | 14:59.73 | - |
| 10 | 614 | Yanira Deana EAMJ Playas de Jandia | 18/10/2004 FV981 | 15:04.06 | |
| 11 | 630 | Helena Lacambra Muñoz CA Nou Barris | 02/11/2005 CT29602 | 15:06.74 | |
| 12 | 692 | Victoria Campillo Nutriban Atl Alcantarilla | 24/06/2005 MU16621 | 15:14.09 | >- |
| 13 | 479 | Nuria Ballarín Rubinar Avenir Marrésa | 07/03/2004 CT29261 | 15:23.92 | |
| 14 | 771 | Africa Perez Pifaga Valencia Esports | 11/02/2004 V23338 | 15:24.10 | |
| 15 | 704 | Alexia Gonzalez Perez Alcampo Scorpio 71 | 21/01/2005 AR3685 | 15:31.23 | |
| 16 | 568 | Jana Lloret Sellabona GEIE Gironí | 13/09/2005 CT28626 | 15:38.98 | |
| 17 | 487 | Berta Comas Capdeferro CA Canaletes | 07/01/2004 CT28450 | 15:42.48 | |
| 18 | 712 | Erma Almenar Garcia Atletismo Els Sitges | 18/05/2005 V23558 | 15:43.46 | |
| 19 | 527 | Lydia Ballesteros Garrote Atletismo Cuenca | 11/11/2005 OU2032 | 15:43.56 | |
| 20 | 489 | Aina Urrutia Herrera CA Canaletes | 30/07/2004 G128924 | 15:43.81 | >- |
| 21 | 544 | Paula Gomez Juarez CA Montones | 29/07/2004 CT29612 | 15:50.26 | |
| 22 | 416 | Carmen Bleda Lucas UCAM-Athletico Cieza | 30/03/2005 MU16689 | 15:56.11 | |
| 23 | 440 | Ana Elizalde Rodriguez Villa Cabezon | 03/04/2005 S11335 | 16:01.92 | |
| 24 | 784 | Xenia Caceres Perez CA Viladecans | 04/04/2005 CT29608 | 16:04.39 | |
| 25 | 432 | Candela Lopez-osa Lopez Bidezabal Durango AT | 10/07/2004 M6903 | 16:09.53 | |
| 26 | 386 | Angelica Velasco Flores AD Gijon Atletismo | 01/04/2005 O8510 | 16:20.82 | |
| 27 | 567 | Berta Vila Rovira CA Gavá | 06/12/2005 CT29282 | 16:27.48 | |